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## How to make a press-ready PDF from Adobe InDesign

Leave default colour conversion settings in place

1. Go to 'File' click 'Export'
2. Click Save - change name if preferred
3. Top left Adobe PDF Preset: [Press Quality]
4. Under 'General' click Pages 'All'  
Click 'Pages' (not Spreads)
5. Under 'Marks and Bleeds' Click 'Crop Marks'  
Bleed: Top: 3mm, Bottom: 3mm, Left: 3mm, Right: 3mm
6. Click 'Export'
7. You have a press ready PDF!
8. Email to [print@absolutecolour.com.au](mailto:print@absolutecolour.com.au)  
Files over 20mb can be uploaded to our google drive. Please email us for access.  
[print@absolutecolour.com.au](mailto:print@absolutecolour.com.au)  
Also free FTP websites such as [yousendit.com](http://yousendit.com) or [wetransfer.com](http://wetransfer.com).

Call us on **1300 88 99 59** if you run into problems.